

Keep Calm  
and  
Finish the  
School Year  
STRONG!

## May 2025 5-12 Salad Bar



Monday	Tuesday	Wednesday	Thursday	Friday
			1 Romaine Lettuce, Spinach, Broc. & Carrots Turkey, Ham Chicken Cottage Cheese Tomatoes, Egg Cucumbers Bell Peppers, Peas, Chickpeas, Croutons Apple, Orange, Raisins Applesauce w/ Breadstick Choice of Milk Pita Chips & Hummus	2 Romaine Lettuce, Spinach, Broc. & Carrots Turkey, Ham Chicken Cottage Cheese Tomatoes, Egg Cucumbers Bell Peppers, Peas, Chickpeas, Croutons Apple, Orange, Raisins Applesauce w/ Breadstick Choice of Milk
5 Romaine Lettuce, Spinach, Broc. & Carrots Turkey, Ham Chicken Cottage Cheese Tomatoes, Egg Cucumbers Bell Peppers, Peas, Chickpeas, Croutons Apple, Orange, Raisins Applesauce w/ Breadstick Choice of Milk	6 Romaine Lettuce, Spinach, Broc. & Carrots Turkey, Ham Chicken Cottage Cheese Tomatoes, Egg Cucumbers Bell Peppers, Peas, Chickpeas, Croutons Apple, Orange, Raisins Applesauce w/ Breadstick Choice of Milk Pita Chips & Hummus	7 Romaine Lettuce, Spinach, Broc. & Carrots Turkey, Ham Chicken Cottage Cheese Tomatoes, Egg Cucumbers Bell Peppers, Peas, Chickpeas, Croutons Apple, Orange, Raisins Applesauce w/ Breadstick Choice of Milk Dessert	8 Romaine Lettuce, Spinach, Broc. & Carrots Turkey, Ham Chicken Cottage Cheese Tomatoes, Egg Cucumbers Bell Peppers, Peas, Chickpeas, Croutons Apple, Orange, Raisins Applesauce w/ Breadstick Choice of Milk Pita Chips & Hummus	9 Romaine Lettuce, Spinach, Broc. & Carrots Turkey, Ham Chicken Cottage Cheese Tomatoes, Egg Cucumbers Bell Peppers, Peas, Chickpeas, Croutons Apple, Orange, Raisins Applesauce w/ Breadstick Choice of Milk
12 Romaine Lettuce, Spinach, Broc. & Carrots Turkey, Ham Chicken Cottage Cheese Tomatoes, Egg Cucumbers Bell Peppers, Peas, Chickpeas, Croutons Apple, Orange, Raisins Applesauce w/ Breadstick Choice of Milk	13 Romaine Lettuce, Spinach, Broc. & Carrots Turkey, Ham Chicken Cottage Cheese Tomatoes, Egg Cucumbers Bell Peppers, Peas, Chickpeas, Croutons Apple, Orange, Raisins Applesauce w/ Breadstick Choice of Milk Pita Chips & Hummus	14 Romaine Lettuce, Spinach, Broc. & Carrots Turkey, Ham Chicken Cottage Cheese Tomatoes, Egg Cucumbers Bell Peppers, Peas, Chickpeas, Croutons Apple, Orange, Raisins Applesauce w/ Breadstick Choice of Milk Dessert	15 Romaine Lettuce, Spinach, Broc. & Carrots Turkey, Ham Chicken Cottage Cheese Tomatoes, Egg Cucumbers Bell Peppers, Peas, Chickpeas, Croutons Apple, Orange, Raisins Applesauce w/ Breadstick Choice of Milk Pita Chips & Hummus	16 Romaine Lettuce, Spinach, Broc. & Carrots Turkey, Ham Chicken Cottage Cheese Tomatoes, Egg Cucumbers Bell Peppers, Peas, Chickpeas, Croutons Apple, Orange, Raisins Applesauce w/ Breadstick Choice of Milk
19 Romaine Lettuce, Spinach, Broc. & Carrots Turkey, Ham Chicken Cottage Cheese Tomatoes, Egg Cucumbers Bell Peppers, Peas, Chickpeas, Croutons Apple, Orange, Raisins Applesauce w/ Breadstick Choice of Milk	20 Romaine Lettuce, Spinach, Broc. & Carrots Turkey, Ham Chicken Cottage Cheese Tomatoes, Egg Cucumbers Bell Peppers, Peas, Chickpeas, Croutons Apple, Orange, Raisins Applesauce w/ Breadstick Choice of Milk Pita Chips & Hummus	21 Romaine Lettuce, Spinach, Broc. & Carrots Turkey, Ham Chicken Cottage Cheese Tomatoes, Egg Cucumbers Bell Peppers, Peas, Chickpeas, Croutons Apple, Orange, Raisins Applesauce w/ Breadstick Choice of Milk Dessert	22 Romaine Lettuce, Spinach, Broc. & Carrots Turkey, Ham Chicken Cottage Cheese Tomatoes, Egg Cucumbers Bell Peppers, Peas, Chickpeas, Croutons Apple, Orange, Raisins Applesauce w/ Breadstick Choice of Milk Pita Chips & Hummus	23 Romaine Lettuce, Spinach, Broc. & Carrots Turkey, Ham Chicken Cottage Cheese Tomatoes, Egg Cucumbers Bell Peppers, Peas, Chickpeas, Croutons Apple, Orange, Raisins Applesauce w/ Breadstick Choice of Milk

This Institute is an Equal Opportunity Provider

-Low-fat Milk is offered at every meal.

-Salad Bar has choice of one meat choice or cottage cheese

**Each Meal has a choice of only one main. 5-8 Meal has choice of 1 fruit. 9-12 can take 2 offered fruits**

**Pricing: Lunch Jk-4 = \$2.45 / 5-8 = \$2.65 / 9-12 = \$2.85**

**Adult Lunch = \$4.85**

**-Pay Child Meal Accounts online at MySchoolBucks.com**